

Thank you for your interest in South Clayton Stealth (SCS) all-star cheerleading program. Our organization is in its 9th season of competitive cheer and the 1st season of all-star cheer. We have grown over the years and continue to strive to be one of the top all-star cheerleading programs in the country. Our mission remains the same and that is to provide a quality sports program that reinforces the value of excellence in academics, community service, leadership, teamwork, respect, and parental involvement. The coaching staff is equipped with knowledge and collective decades of experience in the competitive cheer arena along with extensive training and credentialing.

South Clayton Stealth does not expect you to join the team with “all” the skills you will need. WE DO EXPECT & REQUIRE A CAN DO AND WILL DO ATTITUDE! SCS will help each athlete grow into being the best cheerleader possible as we provide training and require homework of your athlete. Every athlete that becomes an SCS Cheerleader will be placed on a team that best meet their skill level. AT SCS, there is a team for everyone. Become the WEAPON you want to be! #OneTeam #OneSound #BOOM



SEASON 9...It's gonna be fine!!!

TEAM PLACEMENT INFORMATION

What is South Clayton Stealth "All-Star / Impact Cheerleading and how does it differ from regular Cheerleading?

South Clayton Stealth (SCS) is a 10-month program beginning in July and continuing through May. May is mandatory clinic month; June is evaluation month and season kicks off in July.

The sport of Cheerleading isn't what it used to be. In most cases, pom-poms, megaphones, and sideline routines are no longer a part of an all-star, impact or the competitive cheerleader's experience. In competitive cheer, we provide strenuous conditioning, full body workouts by combining weights, plyometrics', and cardio endurance. Competitive cheer routines will build your athletes confidence, strength, flexibility, mobility, and coordination. They will learn motions, jumps, stunts, tumbling and dance to eight-counts that will put the team in unison and have your athlete moving like never before and having fun.

How many days does cheer practice?

Currently, all-star cheer practice will be held two-three times per week on a combination of these days: Monday, Tuesday, Wednesday, Thursday (6:30pm-8:30pm) & Saturday 10am-12pm.

Our 3-4-year-old athletes practice two times per week: Thursday 6:30pm-7:30pm & Saturday 9am-10am.

Can my child miss practice if they are on a competitive team?

Every team has an allowable number of absences during the season. All practices are mandatory, but athletes are allowed 3 missed practices per season as long as advanced notice is provided with a valid reason, and as long as missed practice doesn't fall within two weeks of competition date.

It is very important to remember that "competitive cheer" is a "TEAM" sport and when you choose to become a part of a team, your coaches and teammates are counting on you to be in the gym training during scheduled practice times.

Why so strict? I'm glad that you asked.

Competitive cheer is not like other sports where you can just simply throw in a substitute for an athlete. Cheer stunt groups, tumbling partners and coaches spend months training skills which rely on each other's habits, timing, and trust. It is very hard to simply "throw in" a substitute last minute as they not only have to memorize a full 2 minute 30 second routine to counts and music, but they learn the nuances of each teammate. The bottom line is that this is not only difficult, but dangerous to repeatedly miss training sessions.

Do I have to attend a competition if I am on a team?

Yes, ALL athletes are required to compete alongside their teammates.

Where can I purchase practice cheer shoes?

Cheer shoes can be purchased at Academy Sports, ominicheer.com or via Amazon.

Are athletes required to wear makeup?

Yes. Glitter eye shadow and bright "RED" lipstick.

What cheer levels does all-star cheer have?

All-star cheer consists of level 1-7 athletes at the Elite, Prep and Novice divisions. SCS generally field level 1-4 teams. The "level" refers to the type of tumbling, stunts, and pyramids that can be performed in the routine. As the levels increase, so does the level of difficulty. Athletes must be mentally, emotionally, and physically strong to handle the demands of the level they are best suited for.

ALL-STAR DIVISIONS 2024-2025 ELITE - PREP - NOVICE	
DIVISION	BIRTH YEAR
TINY	2017-2019
MINI	2015-2019
YOUTH	2012-2019
JUNIOR	2008-2018
SENIOR	6/1/05-2012

How do athletes learn the tryout material?

Athletes trying out for Season 9 must attend the "Try-Out Clinic" that coordinate with their birth year and age range. Sign up at www.scssports.org under registration.

GROUPS & BIRTH YEAR CHART		
GROUP	BIRTH YEAR	AGE
1	2016-2019	5-8
2	2012-2015	9-12
3	2006-2011	13-18

CLINIC DATES COST: \$75.00			
GROUP	AGE	DATE	TIME
3	13-18	FRI - 5/17/24	6:00pm-8:00pm
1	5-8	SAT - 5/18/24	9:00am-11:00am
2	9-12	SAT - 5/18/24	12:00pm-2:00pm
3	13-18	SAT - 5/18/24	3:00pm-5:00pm
1	5-8	SUN - 5/19/24	12:00pm-2:00pm
2	9-12	SUN - 5/19/24	3:00pm-5:00pm

What is the evaluation process?

The evaluation process is where athletes perform the universal material learned during the mandatory clinic. The goal is to make the evaluation process fun and a low-stress atmosphere for athletes and parents. We understand that there are some athletes who are more passionate about the sport of cheerleading than others and thus may learn the material much faster. It is our sincere hope that those athletes will encourage and motivate potential teammates to excel to their level. The athletes will demonstrate the choreographed dance to music, jumps, motions, tumbling skills they have already developed and possess. Stunting skills will be instructed and then performed with spots and coaches' supervision.

EVALUATIONS BY GROUPS & BIRTH YEAR				
GROUP	AGE	BIRTH YR	DATE	TIME
1	5-8	2016-2019	SAT – 6/8/24	9:00am-11:00am
2	9-12	2012-2015	SAT - 6/8/24	12:00pm-2:00pm
3	13-18	2006-2011	SAT - 6/8/24	3:00pm-5:00pm

“ALL TOP GIRLS” will be called back and evaluated for more specific flyer body position and stunting evaluation. THIS IS MANDATORY AND NON-WAIVERABLE.

ALL TOP GIRLS CALL BACKS		
LEVELS	DATE	TIME
1&2	SUN - 6/9/24	10:00am-12:00pm
3&4	SUN - 6/9/24	1:00pm-3:00pm

Upon completion of evaluations, coaches will determine team placement and athletes will be notified via email within 5-7 days after the last evaluation date.

LEVEL REQUIREMENTS

Novice:

- Forward Roll
- Backwards Roll
- Cartwheel
- Roundoff

PREP:

- Forward Roll
- Backwards Roll
- Cartwheel
- Roundoff
- Backbend Kickover



Level 1:

- CW, BWO Series
- FWO, CW, RO
- FWO, CW, BWO Switch Leg
- FWO, CW, BWO Series

Level 2:

- FHS
- FWO, RO BHS Series
- CW, BHS Step-out, BWO, BHS
- RO, BHS Step-out, BWO, BHS Series

Level 3:

- FWO, Aerial
- RO, BHS Step-out, Jump turn, BHS, BHS, Tuck
- FWO, RO, BHS, Tuck
- PF, pause, RO, Tuck

Level 4:

- Tuck, BHS, Tuck, BHS Series, Tuck
- RO, BHS, WHIP, BHS, BHS, Layout
- FHS, BHS Series, Layout
- Punch Front, RO, BHS, Layout
- RO, BHS, Layout
- Combination to Layout
- RO, BHS, Full

Level 5:

- BHS Series to Layout
- RO, BHS to Full
- Combination to Full

**Please subscribe to South Clayton Stealth YouTube Channel to view level tumbling requirements:*

South Clayton Stealth @southclaytonstealth9716

<https://www.youtube.com/@southclaytonstealth9716/playlists>

How are athletes placed on a team?

SCS will match the athletes by all-around skill level which includes stunt ability, tumbling, jumps, dance and age. The coaching staff in coordination with the all-star skills/age grid serves as the guide in which team athletes can be placed on. An athlete's team placement can change based on degression, progression, availability of teams or other issues that may arise. The gym owner always reserves the right to move athletes and or teams up or down in level if necessary. Please trust the process, we want all our athletes and teams to be successful.

Can we try cheer before signing up?

We don't give free trials; however, your athlete can stop by and see how our athletes train and prepare for competition season during July - May.

How old does my child have to be to participate in cheer?

Typically cheer starts at the age of 5. For Season 7 of 2022, we launched our first toddler program for ages 3-4 and it was a success and will return for Season 9.

What if my child doesn't have any tumbling skills? Can they still make a competitive team?

But of course! Tumbling is just one element of competitive cheer. We will be able to offer novice and prep teams this season. SCS will do the best to place like ability skilled athletes within the same division – Elite, Prep or Novice. We will teach tumbling skills and all other skills needed to be an effective cheerleader and have a winning routine. There are other roles to play such as flyer, base, and backstop.

What should my child wear to clinic and evaluations?

CLINIC: Athletes should wear a white top, black shorts, white no-show socks, cheer shoes, green hair bow, hair pulled away from the face for the clinic, no jewelry.

EVALUATIONS: Athletes should wear a white top, black shorts, white no-show socks, cheer shoes, green hair bow, hair pulled away from the face and red lips for evaluations. No jewelry allowed.

What should my child wear to practice?

Each athlete will be required to purchase the SCS sports bra, shorts, leggings (during the winter season), white no-show socks, cheer shoes and hair bow that will be worn at each practice.

How much does All-star cheer cost?

Tuition is paid monthly on the 1st of every month.

Elite Teams \$195.00 monthly	Prep Teams \$165.00 monthly
Novice Teams \$115.00 monthly	FuNDamentals \$100 monthly

- Above prices do not reflect the service fee.

There are other costs such as uniforms, choreography, competition fees, crossover fees, music fees and travel expenses.

Where are competitions located?

Generally, competitions are located within the state of Georgia, but we have ventured to Florida and Alabama. This season, we may travel to Alabama, Tennessee, Mississippi, Florida, South Carolina, or North Carolina.

Is cheerleading only for those who are small, skinny & flexible?

Absolutely not! Our sport is comprised of different body types in-order to be successful. Generally, flyers are smaller and need to have above average flexibility in-order to pull their body positions. We need tall athletes to serve as back spots, strong athletes you can hold stunts up and powerful athletes who can learn amazing tumbling skills. There is a place for everyone.

Do athletes really get scholarships to attend college?

Yes! There are several colleges that offer money for cheer, travel stipends and or all cheer related expenses paid by the school.

What types of scholarship are available that has derived from cheer?

Acrobatics and Stunt.

Is cheer really an Olympic Sport & AAU Jr Olympic Games?

Cheerleading was granted Provisional Sport status by the International Olympic Committee and to be confirmed in 2024. Additionally, cheer is also a Jr Olympic sport were elite athlete's tryout for team USA.